

## Capacity Building Improved Daily Living Section

Line item 15\_038\_0117\_1\_3 will be used highlighted on page 98 of the pricing guidelines.

### Other Supports:

These support items assist the development of, or increase, a participant's skills and or capacity for independence and community participation. These support items can be delivered to individual participants subject to the rules set out this NDIS Pricing Arrangements and Price Limits. As well as direct service provision, these support item can be used to claim for;

- Non-Face-to-Face Support Provision

These support items are subject to the price limits set out in the following Table:

Item Number	Item Name and Notes	Unit	National	Remote	Very Remote
15_035_0106_1_3	<b>Assistance With Decision Making Daily Planning and Budgeting</b> <ul style="list-style-type: none"> <li>• Provision of time limited support to assist a person to develop and maintain daily budget, including assisting in planning purchases.</li> </ul>	Hour	\$62.17	\$87.04	\$93.26
15_037_0117_1_3	<b>Skill Development And Training including Public Transport Training</b> <ul style="list-style-type: none"> <li>• Individual training provided in the home for general life skills to increase independence.</li> </ul>	Hour	\$62.17	\$87.04	\$93.26
15_038_0117_1_3	<b>Training For Carers/Parents</b> <ul style="list-style-type: none"> <li>• Training for carers in matters related to caring for a person with disability.</li> </ul>	Hour	\$70.87	\$99.22	\$106.31
15_047_0135_1_3	<b>Selection and/or Manufacture of Customised or Wearable Technology</b>	Hour	\$193.99	\$271.59	\$290.99








We bill for 22.97 hours @ \$65.09  
 Totalling \$1,495.12

Qualified Counsellor and Parental Mental Health Specialist, Jackie Hall delivers an intensive 9-week program with lifetime support, teaching emotional regulation and behavioural strategies to help autistic children of all ages. We never want to replace face to face therapy, but believe it is also critical to upskill parents to better handle theirs and their autistic child's emotional wellbeing.

Below are the costs and inclusions for this training\*

<p>Instructional Videos + Daily Lessons delivered through the membership site and purpose built app over 9 weeks.          Daily Lessons - 40 days x 15min = 10hrs   Weekly Video - 1 hour per week x 8 = 8 hrs          Total hours = 18 hours of content delivered</p>	<p>18 x \$65.09 per hour          = \$1,171.62</p>
<p>Fortnightly Live Online Training by a qualified counsellor over 9 week program 4 x 1.5 hour webinars delivered over 9 weeks = 6 hours</p>	<p>6 x \$65.09 per hour          = \$390.54</p>
<p>*Conservative Estimations of use are calculated here: Unlimited LIVE Online support via Facebook private Group to get questions answered 7 days per week by professional counsellors. *2 hours per week x 9 weeks = 18 hours</p>	<p>18 x \$65.09 per hour          = \$1,171.62</p>
<p>This 9 week program is a part of our lifetime access to the Total Gold Support Program which includes the following: • Access to 14 additional Online parenting programs • 5 x Parenting Ebooks Authored by Jackie Hall • Live Online Facebook support group. Unlimited Lifetime Access. • Monthly Live webinars for life</p>	<p>Normal program          Fee for Life Gold          Membership          = \$970</p>
<p><b>Capacity Building - Improved Daily Living</b> Section of the plan, the invoice will be issued under <b>Line item #15_038_0117_1_3</b> - Parent Skills Training &amp; calculated at 22.97 hours x \$65.09 - totalling \$1495.12</p>	<p>Total Value \$3,703.78  <b>Total Invoiced \$1,495.12</b></p>

\*Note, these costings include estimations used to calculate the use of the live support component of the programs.

-  An autism diagnosis is not required to join the program. It is about working towards your child's goals. If your child has a goal of 'emotional regulation' or something similar to 'better understand & communicate their feelings' we can help.
-  Both ECEI and NDIS plans may be used if goals align as per above.
-  The number of hours billed is not indicative of the total amount of training provided. The fee includes lifetime access to hundreds of hours of training and support with unlimited lifetime access to all 14 of our parenting programs and lifetime access to our online counselling services.
-  We understand a child's needs may vary greatly from the time a plan is originally written. Parent Training may not be written expressly into a plan, however a participants choice and control allows for its inclusion if the following terms are met;
  -  1 Considered reasonable and necessary
  -  2 Good value for money
  -  3 Works towards participants goals



If you wish to discuss this program, NDIS funding or any other aspect of the Parental Stress Centre, please don't hesitate to get in touch.

**Phone:** 1300 948 608

**Email:** [info@parentalstress.com.au](mailto:info@parentalstress.com.au)

**Web:** [www.parentalstresscentre.com](http://www.parentalstresscentre.com)

**ABN:** 60603122336

**Postal Address:** Po Box 181, Landsborough Qld. 4550

Here's who you'll speak to...

**Kristy Collis**

**Business Support Manager**

Kristy is your first port of call for anything related to program content or questions around the NDIS.

**Katrina Gilliland or Laura Holt**

**Membership and Administration**

Once we receive your enrolment Katrina or Laura will be in touch to explain the onboarding process, help with invoice or NDIS claim queries, tech help and anything else admin related.

**Jackie Hall**

**Founder and lead counsellor at the PSC**

You are always best to contact Jackie via email as she is most often answering questions and supporting our parents through our online channels.